

HEALTHY START®



Contains:
167 POWERFUL NUTRIENTS

**"Super Rejuvenating"
-Antioxidant Rich-
DETOXIFYING FORMULA***

A COMPLETE "HI-POTENCY"














VITAMIN & MINERAL PACKET



SUPPLEMENT FACTS

Serving Size: One Packet

Each Packet Contains:	%DV		%DV
 BETA CAROTENE 25,000 The red soft-gel capsule contains: Beta Carotene (Vitamin A) 25,000 I.U. 500		 B-COMPLEX + C (SUSTAINED RELEASE) The orange tablet contains: Vitamin B-1 (Thiamine HCL) 50 mg 3,333 Vitamin B-2 (Riboflavin) 50 mg 2,940 Vitamin B-6 (Pyridoxine HCL) 50 mg 2,500 Vitamin B-12 (Cyanocobalamin) 50 mcg 833 Niacinamide 50 mg 250 Folic Acid 400 mcg 100 Pantothenic Acid 50 mg 500 Biotin 50 mcg 17 Choline (Bitartrate) 50 mg ** Inositol 50 mg ** PABA (Para Aminobenzoic Acid) 50 mg ** Vitamin C (Ascorbic Acid) 250 mg 417 In a base containing: alfalfa leaf, watercress leaf, parsley leaf, lecithin and rice bran, CONTAINS NO YEAST!	
 C-COMPLEX 1350 (SUSTAINED RELEASE) The beige tablet contains: Vitamin C (Ascorbic Acid) 750 mg 1250 Rose Hips 100 mg ** Lemon Bioflavonoids 50 mg ** Rutin 25 mg ** Hesperidin 25 mg ** Quercetin 5 mg ** Calcium (Carbonate) 145 mg 15 Buffered with calcium carbonate (for those with sensitive stomachs). Vitamin C 1350 = (1100 mg active ingredients from Vitamin C tablet and 250 mg Vitamin C from B-Complex tablet)		 MARINE LIPID OILS (OMEGA-3) The large gold soft-gel capsule contains: Natural Marine Lipid Concentrate 1,000 mg ** Providing the following Omega-3 fatty acids: EPA (Eicosapentaenoic Acid) 180 mg DHA (Docosahexaenoic Acid) 120 mg Derived from the body oils of deep cold water fish.	
 VITAMIN E COMPLEX 400 The gold soft-gel capsule contains: Vitamin E (100% Natural) 400 I.U. 1,334 Includes: d-Alpha, Beta, Gamma, & Delta Tocopherols		 SUPREME LIVER SUPPORT The yellowish brown 2 piece capsule contains: A blend of Herbs that promote LIVER HEALTH and DETOXIFICATION. Milk Thistle Seed 325 mg ** Cynarin (Artichoke Conc.) 38 mg ** Silymarin Extract 50 mg ** Oregon Grape Root 38 mg ** Bupleurim Root 75 mg ** Schizandra Root 38 mg ** Turmeric Rhizomes 38 mg ** Licorice Root 38 mg ** Dandelion Root 38 mg ** Gotu Kola Root 25 mg ** Burdock Root 25 mg ** Bio-Parine (pepper ext.) 2.5 mg **	
 SUPER NUTRITIONAL GREENS (LUTEIN) The green tablet contains: Alfalfa Grass 100 mg ** Lutein 5% 25 mcg ** Wheat Grass 100 mg ** Lycopene 5% 25 mcg ** Green Barley Grass 100 mg ** Red Beet Root 10 mg ** Chlorella Algae 100 mg ** Dandelion Root 10 mg ** Spirulina Algae 100 mg ** Broccoli Flowers 10 mg ** Atlantic Kelp 25 mg ** Chinese Parsely 10 mg ** Aloe Vera Leaf 25 mg ** Green Spinach 10 mg ** Green Kale 10 mg ** Brussel Sprouts 10 mg ** Green Cabbage 10 mg ** Swiss Chard Leaf 10 mg ** Celery Seed 10 mg ** Black Radish Root 10 mg **		 SUPER ANTI-OXIDANTS (LUTEIN) The darker brown 2 piece capsule contains: Green Tea Extract 50% 200 mg ** Alpha Lipoic Acid 10 mg ** Grape Seed Extract 95% 100 mg ** Cat's Claw Bark 50 mg ** Olive Leaf Extract 18% 25 mg ** Blessed Thistle Leaf 50 mg ** Pine Bark Extract 40% 25 mg ** Bromelain 50 mg ** Grapefruit Seed Extract 15 mg ** Folic Acid 1000 mcg 250 Celery Seed 90 mg ** Lutein 25 mcg ** Spirulina Blue Green Algae 90 mg ** Lycopene 25 mcg **	
 ORGANIC FLAXSEED OIL (OMEGA-3) The large dark brown soft-gel capsule contains: Flaxseed Oil (Cold Pressed) 1,000 mg ** Provides A Rich Source of Omega-3 fatty acids Alpha-Linolenic Acid 585 mg ** Linoleic Acid 150 mg ** Oleic Acid 175 mg ** Palmitic Acid, Steric Acid and Other fatty acids 90 mg **		 SUPER CIRCULATION SUPPORT* The brown two piece capsule contain: CIRCULATION SUPPORT HERBAL BLEND 700 mg ** Contains a blend of the following premium Herbs that promotes Circulation and Heart health.* Hawthorne Berry (50mg, Conc. 4:1) 200 mg Bilberry Fruit 50 mg Ginkgo Biloba Leaf 250 mg White Willow Bark 25 mg Butchers Broom Root 70 mg Ginger Root 25 mg Horse Chestnut (20mg, Conc. 4:1) 80 mg Red Sage Root 25 mg Motherwort Leaf 70 mg Chickweed Leaf 25 mg Prickley Ash Bark 70 mg Spirulina Algae 15 mg Capsicum Fruit 5 mg	
		 MINERAL COMPLEX 1000 The two gray tablets contain: Calcium (Carbonate & Citrate) 500 mg 50 Magnesium (Oxide) 250 mg 63 Iron (Amino Acid Chelate) 18 mg 100 Iodine (Kelp) 150 mcg 100 Copper (Amino Acid Chelate) 2 mg 100 Zinc (Amino Acid Chelate) 50 mg 334 Manganese (Amino Acid Chelate) 10 mg 500 Potassium (Proteinates) 99 mg 2.8 Chromium Picolinate (Nutrition 21) 40 mcg 34 Selenium (Yeast) 50 mcg 72 Betain HCL (Enzyme) 50 mg ** Vitamin D (Fish Liver Oil) 400 I.U. 100 62 COLLOIDAL TRACE MINERALS 25,000 mcg **	

** Daily Value (DV) not established

DIRECTIONS: TAKE ONE PACKET DAILY WITH A MEAL.

DAILY VITAMIN PACKET

TO ORDER: [HTTP://RJORDAN.BIZ](http://RJORDAN.BIZ)